


THE Knollwood Pointe Lifestyle

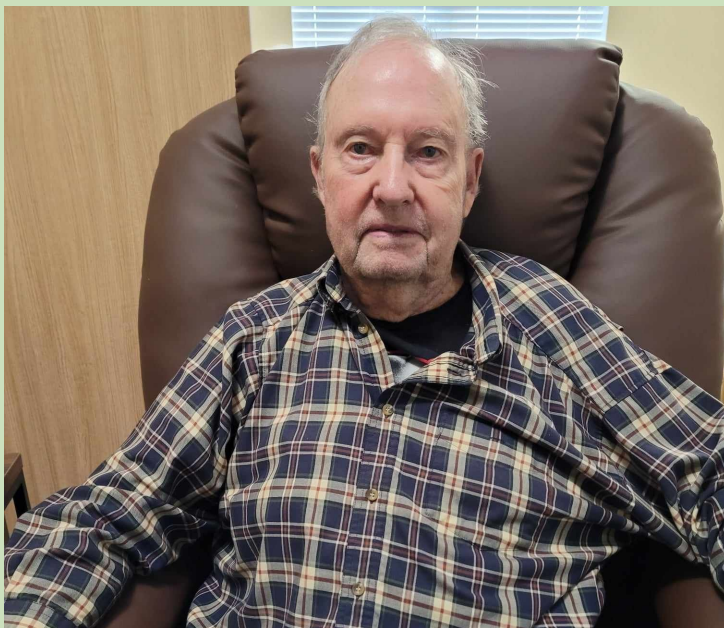


KNOLLWOOD
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JANUARY BIRTHDAYS

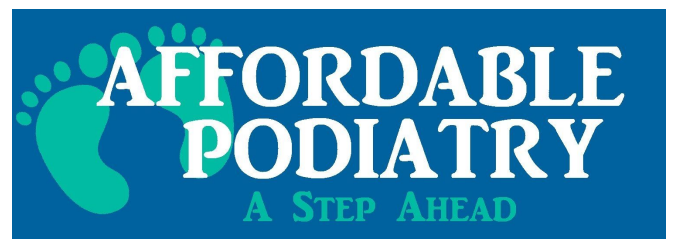


JANUARY 2025



Podiatry Services at Knollwood Pointe

We are pleased to announce that Dr. Stuart Alter from Affordable Podiatry will be visiting Knollwood Pointe on Thursday, January 9, 2025, at 2:00 PM to provide podiatry services. Cost: \$25 per resident
Payment Options: Cash (on the day of the visit) Check (payable to Affordable Podiatry) Debit card (on the day of the visit, with a \$3 convenience fee) For your convenience, prepayments can also be made: In Person: Visit Affordable Podiatry at their location on Airport Blvd. By Phone: Call Affordable Podiatry to pay via debit card. Important: If you choose to prepay, please notify the Knollwood Pointe Activity Director at 251-374-7119 so we can ensure your name is included on the final list prior to the appointment. Thank you! We look forward to this opportunity to support your health and wellness.



JANUARY 2025

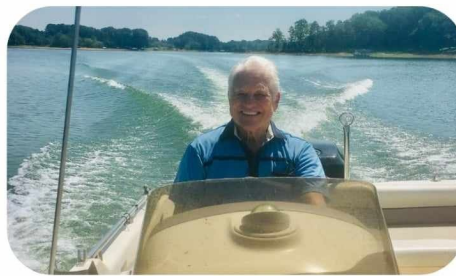
Celebrating Three Kings Day in the USA

Three Kings Day, or the Feast of Epiphany, is celebrated on January 6th, marking the visit of the Magi to the Christ Child. Though its roots are in Christian tradition, the holiday has found vibrant expression in many U.S. communities, especially those with Hispanic, Latin American, or Caribbean influences. Popular customs include church services, festive parades, and the sharing of **"Rosca de Reyes"** (King's Cake), a sweet bread with a hidden figurine of the Baby Jesus. Children often leave out shoes filled with hay for the Magi's camels on January 5th, waking up to small gifts the next morning. For many, this day is a joyful conclusion to the Christmas season, blending faith, culture, and community. It's also a reminder of the Magi's message of faith, generosity, and peace—a tradition cherished by families across the country.

"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."
—Robert Brault

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Weekday Activities: AM <ul style="list-style-type: none"> 9:00am - Devotion 9:30am - Music & Singing 11:00am - Independent Table Activities 11:30am - Wash-Up Time 	Daily Weekday Activities: PM <ul style="list-style-type: none"> 1:00pm - Outdoor Time in the Courtyard 1:30pm - Rest Period with Light Music 4:00pm - Movie Matinee 					
5 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee	6 10:00 Gentle Chair Exercises 10:30 Reading Circle & Refreshments 2:00 Pamper & Polish Nail Salon 2:30 Trivia & Refreshments 3:00 Arts & Crafts 3:30 Corn Hole	7 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 2:00 Poker Keno 2:30 Color Me Wonderful 3:00 Piano Singing with Brother David Gill	8 10:00 Praise & Fitness with Christina Boyd 10:30 Coffee Clutch & Chat 2:00 Bingo 3:00 Arts & Crafts 3:30 South Georgia-Penguin Paradise of the South Atlantic (YouTube)	9 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 2:00 UNO with Friends 2:30 Color Me Wonderful 3:00 Conversation Catch 3:30 Bible Study with Brother Allen	10 10:00 Dance! Dance! Dance! Zumba Class 10:30 Story Time & Memory Challenge 2:00 Scenic Drive around Town 3:30 Friday Matinee	11 8:30 Morning News & Coffee 9:30 Light Stretching Exercises 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee
12 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee	13 10:00 Gentle Chair Exercises 10:30 Reading Circle & Refreshments 2:00 Pamper & Polish Nail Salon 2:30 Trivia & Refreshments 3:00 Arts & Crafts 3:30 Corn Hole	14 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 12:00 Forks & Fellows: Gentlemen's Private Luncheon 2:00 UNO with Friends 2:30 Color Me Wonderful 3:00 Piano Singing with Brother David Gill	15 10:00 Praise & Fitness with Christina Boyd 10:30 Coffee Clutch & Chat 2:00 Bingo 3:00 Worship & Refreshments with Joyce Robertson 3:30 The Wright Brothers & the Evolution of Aviation (YouTube)	16 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 2:00 UNO with Friends 2:30 Color Me Wonderful 3:00 Conversation Catch 3:30 Bible Study with Brother Allen	17 10:00 Dance! Dance! Dance! Zumba Class 10:30 Kid Inventors Day: Discuss inventions made by kids! 2:00 Scenic Drive around Town 3:30 Friday Matinee	18 8:30 Morning News & Coffee 9:30 Light Stretching Exercises 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee
19 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee	20 10:00 Gentle Chair Exercises 10:30 Reading Circle & Refreshments 2:00 Pamper & Polish Nail Salon 2:30 Trivia & Refreshments 3:00 Arts & Crafts 3:30 Corn Hole	21 10:00 Lower Body Stretches 10:30 National Hugging Day: Hug a neighbor and learn a fact about them! 2:00 Fact or Fiction Trivia Hour 2:30 Color Me Wonderful 3:00 Piano Singing with Brother David Gill	22 10:00 Praise & Fitness with Christina Boyd 10:30 Coffee Clutch & Chat 2:00 Bingo 3:00 Arts & Crafts 3:30 Winter Wonderland-How Animals Survive the Winter (YouTube)	23 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 2:00 UNO with Friends 2:30 Color Me Wonderful 3:00 Conversation Catch 3:30 Bible Study with Brother Allen	24 10:00 Dance! Dance! Dance! Zumba Class 10:30 Compliment Day: Say something nice about your neighbor! 2:00 Scenic Drive around Town 3:30 Friday Matinee	25 8:30 Morning News & Coffee 9:30 Light Stretching Exercises 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee
26 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Bingo & Snack Shack 1:00 Courtyard Gathering & Stroll 2:00 Independent Activity Sheets & Snack Shack 3:00 Weekend Movie Matinee	27 10:00 Gentle Chair Exercises 10:30 Reading Circle & Refreshments 2:00 Pamper & Polish Nail Salon 2:30 Trivia & Refreshments 3:00 Arts & Crafts 3:30 Corn Hole	28 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 12:00 Joyful Journeys Luncheon: Private lunch for January Birthdays! 2:00 Poker Keno 2:30 Color Me Wonderful 3:00 Piano Singing with Brother David Gill	29 10:00 Praise & Fitness with Christina Boyd 10:30 Coffee Clutch & Chat 2:00 Bingo 3:00 Arts & Crafts 3:30 The History of Earth-How Our Planet Formed (YouTube)	30 10:00 Lower Body Stretches 10:30 Tasty Tidbits & Reminisce 2:00 UNO with Friends 2:30 Color Me Wonderful 3:00 Conversation Catch 3:30 Bible Study with Brother Allen	31 10:00 Dance! Dance! Dance! Zumba Class 10:30 National Hot Chocolate Day 2:00 Scenic Drive around Town 3:30 Friday Matinee	

Walking on Hands, Living With Heart: The Incredible Life of Jack Boone



Jack Boone could be described in many ways—a performer, gifted football player, wartime soldier, industrial engineer with a perpetual smile, devoted husband of 66 years, loving father and grandfather, and Jesus follower. His positive outlook on life and attitude of gratitude have shaped his journey since growing up in Hampton, Virginia.

Born March 20th, 1933, Jack dazzled audiences between third grade and high school during WW2 with acrobatics in the Elks Variety Show, often performing for soldiers. Famous for walking on his hands—down flights of stairs, around the block, anywhere—he showcased his talent into his fifties, earning a standing ovation on a cruise ship at 55.

Jack played football for Hampton High School's state championship team as captain and earned a scholarship to Virginia Tech. After joining the army, he served in the special forces during the Korean War, stationed in Germany to decode Russian communications.

In 1957, Jack married JoAnn Bennett, beginning 25 years in Chicago as an industrial engineer for Ford Motor Company. Together, they raised three children: David, Julie, and Amy. Retiring at 57, Jack designed and built their dream home on Lake Hartwell, Anderson, S.C., where they lived for 33 years. He also loved tinkering with projects around the house, showcasing his creativity and precision. The home became a gathering place for family celebrations and treasured memories.

At 80, Jack took up painting, creating canvases to gift to loved ones. Known for his perpetual smile and wisdom, he advises, "The key to life is staying positive. You can overcome anything with a positive attitude." A devoted Jesus follower, Jack inspires others despite challenges like undiagnosed dyslexia and 15 years of dementia. Now at Knollwood Pointe, he brightens lives daily, often greeting others with his signature smile and saying, "That's my buddy!"

Happy New Year! As we step into 2025, I am filled with gratitude for the vibrant community we share at **Knollwood Pointe**. Each one of you contributes to making this a place of joy, care, and connection.

The start of a new year is always an opportunity to reflect on the past and look forward to a fresh chapter. This year, we are committed to enhancing every aspect of life at **Knollwood Pointe**. From exciting activities and events to continued improvements in our services, our goal is to ensure this community continues to feel like home for all.

We are proud of what we achieved in 2024, from memorable celebrations to fostering closer connections among residents, families, and staff. In 2025, we will focus on building upon that success. We aim to strengthen our programs, prioritize health and well-being, and, most importantly, create more opportunities for meaningful engagement and fun.

I encourage you to share your ideas and feedback with us. Your voice is an essential part of what shapes our community and helps us grow together. Let us embrace this new year with open hearts, positivity, and the resolve to make every day better than the last.

Here's to a year of fresh beginnings, lasting memories, and continued togetherness at **Knollwood Pointe**.

